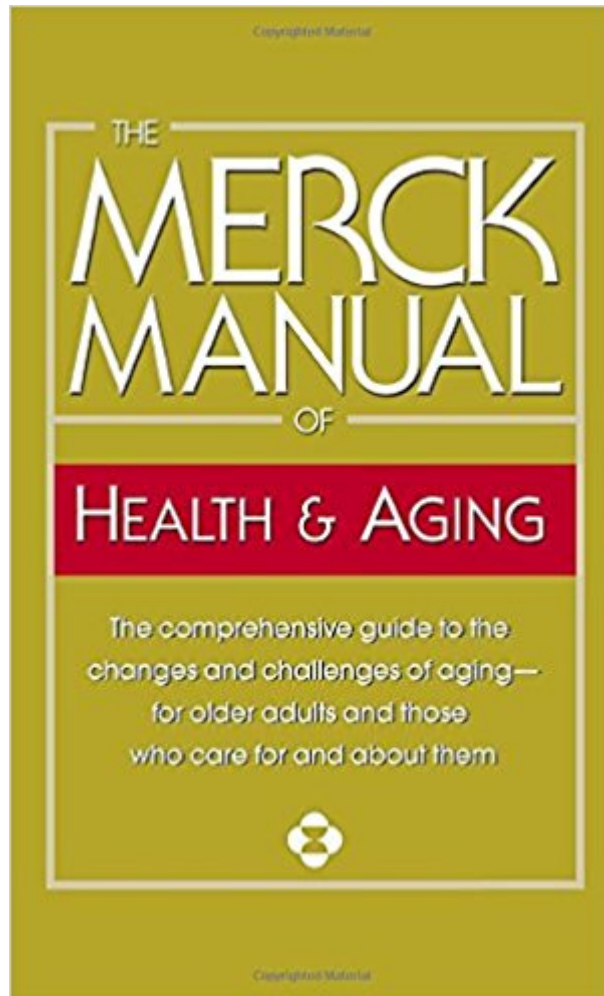




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# **The Merck Manual Of Health & Aging**



## Synopsis

From one of the most trusted names in medical references comes an accessible, all-inclusive guide for older adults that shares what measures to take to optimize the aging process, prevent disease, and improve your overall health. Inside youâ€™ll discover clear, authoritative information onâ€¢ preventive medical care and good nutritionâ€¢ common medical disorders in older adultsâ€¢ strategies for coping with diseaseâ€¢ steps for finding the best in medical careâ€¢ how to communicate with health care practitionersâ€¢ the role of alternative and complementary medicineâ€¢ the benefits and risks of medical testsâ€¢ the challenges of caregiving and rehabilitationâ€¢ safe, easy-to-follow cardio exercisesAlso featuring candid essays by seniors who share their insights and personal experiences on growing older, The Merck Manual of Health & Aging is an essential home reference for making your later years truly golden.Merck & Co., Inc., is a pharmaceutical company and trusted contributor to world health. Merck produces numerous clinically relevant, scientifically accurate, and affordable medical reference books.The Merck Manual of Health & Aging was edited by an outstanding staff of experienced editors. The team was led and all content reviewed by a renowned group of geriatricians.From one of the most trusted names in medical references comes an accessible, all-inclusive guide to the health care system for older adults, and the disorders they are most likely to experience. Inside youâ€™ll discover

## Book Information

Mass Market Paperback: 1104 pages

Publisher: Ballantine Books (December 27, 2005)

Language: English

ISBN-10: 0345482751

ISBN-13: 978-0345482754

Product Dimensions: 4.2 x 1.8 x 6.8 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars 9 customer reviews

Best Sellers Rank: #62,185 in Books (See Top 100 in Books) #32 inÂ Books > Health, Fitness & Dieting > Aging > Longevity #80 inÂ Books > Health, Fitness & Dieting > Reference #2998 inÂ Books > Parenting & Relationships

## Customer Reviews

âœ“A VALUABLE RESOURCE FOR ANYONE WHO SEEKS A HEALTHIER OLD AGE FOR THEMSELVES OR THEIR LOVED ONES.â€•â€• “William D. Novelli, CEO, AARP

Merck & Co., Inc. is one of the world's largest pharmaceutical companies. It is committed to bringing out the best in medicine and, as a part of that effort, continues to proudly provide all of its famous Merck Manuals on a not-for-profit basis as a service to the community.Â The organization published the first of these in 1899, and by the 1980s, the series had become the world's largest selling medical text and was translated into more than a dozen languages.

Want to know why and how our bodies age? This is the book that will tell you why and how. Read about the different medical conditions that affect the aged and how to take care of loved ones with medical problems. Overall, an excellent and informative book for anyone to read.

The book came in two pieces and it said it was "USED- in very good condition." I beg to differ. It was ripped in half, and two pages are missing where the book ripped. I was not impressed, especially because it claimed to be in such good condition.

My Mother finds this very helpful!

Merck Manuel on Health and Aging is excellence. Lom March

It arrived in time for the class and met its purpose. It can be used for all of my classes in this masters program so it is really cost effective.

Great condition

I PURCHASED THIS BOOK AS A RESOURCE FOR MY PARENTS. THE INFORMATION IS GREAT BUT PERHAPS A BOOK ABOUT AGING HEALTHFULLY SHOULD BE SENSITIVE TO THE DIMINISHED VISION OF MOST AGING READERS. CHARGE A BUCK MORE AND PRINT IT IN A LARGER TYPE.

Bought this book as a gift because I already had it and find it a good reference book when you don't/can't go online.

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